

# MARCH 2017 BREAKFAST/SNACK

Trinity Learning Center Where Learning and Fun are

## Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat

<p>WEEK 1</p> <p>BREAKFAST 7:30-8:30</p> <hr/> <p>SNACK 2:00-3:00</p>	<p><i>March roars in like a lion So fierce, The wind so cold, It seems to pierce.</i></p>	<p><i>The month rolls on And Spring draws near, And March goes out Like a lamb so dear.</i></p>	<p>1 Rice Krispies Banana Milk (whole 12-24 mos) (1% two's and above) ***** Vanilla Wafers Milk(whole 12-24 mos) (1% twos and above)</p>	<p>2 Cheese Toast Fresh Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Ritz Crackers 100% Apple Juice</p>	<p>3 French Toast Sticks Mandarin Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Animal Crackers Milk (whole 12-24 mos) (1% two's and above)</p>	<p>You may review the Recipe ingredients by searching the web: <a href="#">Child Care Recipes,</a> <a href="#">Food for Health &amp; Fun</a> USDA-FNS 304, 1999</p> <p>CN – Child Nutrition HM – Home Made</p>
<p>WEEK 2</p> <p>BREAKFAST 7:30-8:30</p> <hr/> <p>SNACK 2:00-3:00</p>	<p>6 Cake Doughnut (Wheat) Pineapple Rings Milk(whole 12-24 mos) (1% two's and above) ***** Vanilla Yogurt Milk (whole 12-24 mos) (1% two's and above)</p>	<p>7 Biscuits/Apricot Jam Applesauce Milk(whole 12-24 mos) (1% two's and above) ***** Cheezit Crackers 100 % Apple Juice</p>	<p>8 Cheerios Banana Milk(whole 12-24 mos) (1% two's and above) ***** Graham crackers Milk(whole 12-24 mos) (1% two's and above)</p>	<p>9 Mini Bagels/Cream Cheese Raisins Milk(whole 12-24 mos) (1% two's and above) ***** String Cheese 100% Apple Juice</p>	<p>10 Pancakes (Whole Grain) Mandarin Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Raisin Bread Milk(whole 12-24 mos) (1% two's and above)</p>	<p>USDA Child nutrition programs are available to all children without regard to race, national origin, sex, age, or disability</p>
<p>WEEK 3</p> <p>BREAKFAST 7:30-8:30</p> <hr/> <p>SNACK 2:00-3:00</p>	<p>13 Bran Muffin Pineapple Rings Milk(whole 12-24 mos) (1% two's and above) ***** Goldfish Cheese Crackers Milk (whole 12-24 mos) (1% two's and above)</p>	<p>14 Cake Doughnut (Wheat) Applesauce Milk(whole 12-24 mos) (1% two's and above) ***** Cheddar Cheese Cubes 100% Apple Juice</p>	<p>15 Rice Krispies Banana Milk (whole 12-24 mos) (1% two's and above) ***** Vanilla Wafers Milk(whole 12-24 mos) (1% twos and above)</p>	<p>16 Cheese Toast Fresh Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Ritz Crackers 100% Apple Juice</p>	<p>17 French Toast Sticks Mandarin Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Animal Crackers Milk (whole 12-24 mos) (1% two's and above)</p>	
<p>WEEK 4</p> <p>BREAKFAST 7:30-8:30</p> <hr/> <p>SNACK 2:00-3:00</p>	<p>20 Cake Doughnut (Wheat) Pineapple Rings Milk(whole 12-24 mos) (1% two's and above) ***** Vanilla Yogurt Milk (whole 12-24 mos) (1% two's and above)</p>	<p>21 Biscuits/Apricot Jam Applesauce Milk(whole 12-24 mos) (1% two's and above) ***** Cheezit Crackers 100 % Apple Juice</p>	<p>22 Cheerios Banana Milk(whole 12-24 mos) (1% two's and above) ***** Graham crackers Milk(whole 12-24 mos) (1% two's and above)</p>	<p>23 Mini Bagels/Cream Cheese Raisins Milk(whole 12-24 mos) (1% two's and above) ***** String Cheese 100% Apple Juice</p>	<p>24 Pancakes (Whole Grain) Mandarin Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Raisin Bread Milk(whole 12-24 mos) (1% two's and above)</p>	<p>Amounts recommended are minimum servings. We always give seconds Weekly Cereals (Contains less than 6 grams of sugar per serving)</p>
<p>WEEK 5</p> <p>BREAKFAST 7:30-8:30</p> <hr/> <p>SNACK 2:00-3:00</p>	<p>27 Bran Muffin Pineapple Rings Milk(whole 12-24 mos) (1% two's and above) ***** Goldfish Cheese Crackers Milk (whole 12-24 mos) (1% two's and above)</p>	<p>28 Cake Doughnut (Wheat) Applesauce Milk(whole 12-24 mos) (1% two's and above) ***** Cheddar Cheese Cubes 100% Apple Juice</p>	<p>29 Rice Krispies Banana Milk (whole 12-24 mos) (1% two's and above) ***** Vanilla Wafers Milk(whole 12-24 mos) (1% twos and above)</p>	<p>30 Cheese Toast Fresh Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Ritz Crackers 100% Apple Juice</p>	<p>31 French Toast Sticks Mandarin Oranges Milk(whole 12-24 mos) (1% two's and above) ***** Animal Crackers Milk (whole 12-24 mos) (1% two's and above)</p>	<p>Milk servings: ½ cup-Ones (whole)  1% served to 2's and above.  ¾ cup-Twos to Fours 1 cup-Fives</p>